Dialyvite® Hi-Peak Protein Pizza



Quick and easy pizza packed with the benefits of Dialyvite® Hi-Peak Protein.

Ingredients:

1 package active dry yeast 1 cup warm water

1 teaspoon sugar 2 Tablespoons olive oil

2 cups of flour 3 scoops of Dialyvite® Hi-Peak Protein Powder

Dash salt ½ cup Pizza Sauce

1 cup shredded mozzarella cheese 14 slices of pepperoni

Preheat oven to 450°. In medium bowl, dissolve yeast and sugar in warm water. Let stand 10 minutes. Stir in flour, salt, oil and Dialyvite® Hi-Peak Protein Powder. Let rest 5 minutes. Turn onto floured board and shape into a ball. Transfer to a lightly greased pizza pan or pizza stone dusted with cornmeal. Pat into a circle. Top with pizza sauce, cheese and pepperoni. Bake for 15-20 minutes- until golden brown and bottom is firm. Let cool for a few minutes- then slice and enjoy! Recipe serves 8.

Each serving contains approximately:

13 grams of Protein 8.6 grams of Total Fat 3 grams of Saturated Fat 2.4 grams of Sugar 261 milligrams of Sodium 207 milligrams of Potassium 166 milligrams of Phosphorus 28 grams of Carbohydrates 247 Calories